



## The essentiality of implementing curriculum and activities for gender education in present education system

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### Abstract

Gender Education is very essential and sensitive subject for discussion and analyse in present age of society. Everyone know about benefits of gender education in society but hesitated for accept it. All educators in India are widely explained to society for implementing the gender education in school and college level as earlier. But some groups of society oppose to it and spread to rumours about its negative effect on society. In present time, society is in hesitation, as well as fear and oppression. Talking about gender education, discussing it, is not considered decent in our society. Because, gender education is a narrow interpretation of sexual relations between men and women. The reason behind this is that ignorance and misunderstanding of this education being neglected. Gender education is not just limited to physical and sexual information about men and women, but its scope is wide. Gender education includes many physical and mental changes, how different body functions, how reproduction works, communication with each other, relationships, decision making, sense of self, and respect for others. Sexuality is the femininity of a woman and the sexuality of a man's body, mind, thoughts, opinions, emotions and so on. With the birth of a child, the question is, son or daughter. Accordingly, the child is raised, behaved. He expects family and society to do the same. Gender has consequences for speaking, behaving, dressing, etc. According to the traditions of the society, they expect the same and they have to deal with it.

**Keywords:** Family education, physical changes, activities for gender education

### Introduction

Considering the scope of gender education is very wide. In the definition, "Gender Education is about informing the physical organs of a man, building respect for one another, developing an attitude of cooperation." The purpose of education in general is the overall development of one's personality. These developments include physical health, mental, alertness, moral excellence and adjustment. In order to achieve these goals and to make our children better citizens, a method of informal education exists in every society. This approach teaches people in the community, how to behave in a family, what tasks to do, what tasks to perform. This method is referring to as the method of teaching family life. It is a very informal teaching institution and exists in every home, place of religious place, educational institution, office and community. In short, wherever human relationships come from, this organization teaches how to behave in society, families, through enlightenment, revelation, observation and experiences.

### Concept and meaning of gender education

Gender education introduces children and adolescents to the Health care, physical development stages, sexual behaviour and psychological changes. As well as it includes effects of hormonal changes on behaviour, customs, traditions, values, and practices of the community. It is through these experiences that they find a way to change their behaviour. Children learn responsibilities through experience. Girls experience rituals, religious traditions and homesteading. The family does not have to teach these things, the children learn these things by themselves. Gender education is not an education of offspring or sex education. Gender education involves the following:

1. Family education
2. Family and social relations education

### 3. Personal development education

Gender education does not impose information or values on children, but indirect lessons on how to adopt those values are rooted in experiences.

The education of family life is a practice. It develops self-awareness about sexuality, marriage, and parenting. Understanding the feelings of another person is enhanced.

The skills that will be developed through this education will develop a person's ability to adapt to social change. It will also help the individual to become a good citizen of the society, a good parent, a good parent.

The gender education is not purely family life education or sex education. However, gender education is included as a major factor in the education of family life.

According to the Indian Constitution, everyone's education is a fundamental right. The Supreme Court has clarified that the right to life is an integral part of Article 21 of the Constitution. Accordingly, everyone should get quality education. In the quality education, it is expected that everyone should get education on the subject of life in a timely manner and circumstances. Therefore, it is the right of every school student to get gender education.

The Union Human Resource Ministry has made a revolutionary decision to provide gender education at the school level. However, at present, the matter has been postponed due to the reactions of the community at the state level.

### Need and importance of gender education

1. Today, due to the rise of group communication tools and freedom of writing, there is an increasing number of obscene information and clever books on this subject. The information obtained from it is not necessarily scientific. In today's advertising age, the

young man is observing through utopian advertisements, obscene films, etc., which emphasize the beauty of women. This creates a large amount of curiosity about the sex life in urban areas. Therefore, in order to quench this curiosity, the scientific knowledge of sex life needs to be given to children at the right age at the right time.

2. Many physical and mental problems arise during the transition from childhood to adolescence. If children in their teens are aware of the various changes in the body at the same time, they will not have reason for fear about marriage and marital relations. In contrast, deprived of sexual education, it is sometimes more likely for youth to develop mental disorders and disorders. Hence, the need for gender education has arisen.
3. Human sex life is more than just a biological event, it is more about emotions. Human sex life is influenced by customs, traditions, and history, and social life, economic and political affairs. Human sex life begins with the life of a child. Gender education provides scientific information on the many physical, mental, and emotional changes that occur in men and women during the transition from childhood to adolescence to adulthood. If the awareness of responsibility for sexual life is not between men and women, the sex life of them and the animals will not matter. So, what is responsible sex? What are the duties of men and women in relation to sexual life? How does responsible sex bring true happiness? There is a need for gender education as the scientific information about it comes from this education.
4. Everyone needs to know about our body. How do different parts of the body work? Particularly how the reproductive organization works and how we are physically and mentally transformed. We need to know all these things. However, we have very little guidance on this topic. As a result, it is partly, inaccurate, on rare occasions that the information is distorted, so that our overall human body is called a mystery. Gender education will definitely help to reduce this mystery. If children have informed about the physical and mental changes at the time of coming of age, they too will benefit from it and the pride associated with this relationship would be eliminated. Therefore, sex education is the need of the day.
5. Separate clan practices.
6. Migration from family to person due to education and occupation.
7. Increased personalization.
8. The dual role of a woman, therefore, tends to give the children the freedom they need and in some cases to seek information.
9. Distance between thoughts increased by each generation.
10. Impact of Modernity - Misuse of modern tools such as television, movies, computers, internet.
11. Urban environment - broadcasting of newspapers, posters, light quality magazines, cyber cafe, movies and the transmission of inappropriate information.
12. In a country like India, marriages are performed mainly at an early young age.
13. For all these reasons, the need to provide gender education for every person to lead a healthy, healthy

and prosperous life in order to reduce the nastiness of the subject.

The focus of gender education is on developing a person's kinship, establishing interpersonal relationships, explaining the understanding and role of human sexuality, providing scientific knowledge of reproduction and explaining sexual behaviour.

### Objectives of gender education

1. Introduce the functioning of the family organization and realize the importance of the social organization of the family.
2. To acknowledge the importance of sexuality in human and society life.
3. A scientific introduction to the function of reproductive organization in the human body.
4. To introduce potential threats to the abuse of organs in the reproductive organization.
5. Teaching to create respect for persons of different sexes.

Montgomery Country Public Schools (U.S.A) Education Officer has decided to start gender education at all schools in their area for parents who have allowed. In the revised circular sent in May 1972 for the information of parents, ten objectives of gender education are as follows.

1. Explain the duties of family members to each other and prepare for family responsibilities.
2. To realize that all our family members are homogeneous.
3. To teach the family how to avoid the conflicts that arise in the family due to the different nature of the family.
4. To properly respect the personality of each and every element of the family, and to teach them how to contribute to the development of that personality.
5. Teaching other families in the community why and how to behave cooperatively.
6. Explain different family systems, customs and values in different communities.
7. Explain the structure and function of the genitals of men and women.
8. To guide the young women by removing the worry and confusion of sexual issues in their minds.
9. Explain the differences between the perspectives of women and men on different aspects of life and teach them to respect natural differences.

### Curriculum/courses for gender education

1. **Autism development:** These include the importance of healthy health, the side effects of addiction, the need for marriage and family, the responsibilities of parents, the care of children and the role of the family. Things should be included.
2. **Interpersonal Relationships:** This includes family and social space of different genders, their role, respect for each other, relationships with other family members and their needs.
3. **Awareness of human sexuality:** This should include the characteristics of living beings (reproduction), the importance of reproduction, a natural tendency to work, the formation of female genitals and male genitalia. It

should emphasize developing respect for each other's sexuality, awareness of their contribution to society and life.

4. **Fertility:** These should include the importance of fertility, pregnancy, symptoms of pregnancy, care for women during pregnancy, nutrition and growth of pregnant babies, delivery, child care and care. This should explain the mother's compassion.
5. **Sexual behaviour:** This should include information about the behaviour of men and women in the society, (Female - soft, fragile, gentle, Male - strong, aggressive), internal and external changes in age, genital hygiene, malignant habits and sexual ailments. This should inform the care, potential dangers of sex organs. Its care and its importance should be noted.

The following are some of the components of the gender education curriculum at Jefferson- Country Public Schools or Teachers College, Columbia, University, Newyork.

1. Evils of Tobacco, Smoking
2. Alcohol and Narcotics
3. Marriage and Family outline
4. Care of the young
5. Family roles

#### **The Format of Gender Education Curriculum Should Be As Follows**

1. Complete information about reproductive organization, sexual organs of men and women, their composition and functions.
2. Information on physical and mental changes in adolescents.
3. Conduct, consideration and acceptance of each other's roles in relation to heterosexual persons.
4. Sexually transmitted infectious diseases and preventive measures.
5. Information and solutions for AIDS.
6. Information on the side effects of population growth and preventive measures.
7. Family planning information.

#### **Activities for curriculum implementation of gender education**

Gender Education must be taught more effectively. Experts are thinking of how to give it. Here are some ways they suggest -

1. **Use of pictures or movie:** If you find it confusing and embarrassing to share information about this subject, then you should consider the basis of film, movie. This should reveal the anatomy of the man and the location, importance and function of the reproductive organs.
2. **Discussion:** Ask to be questioned about the information you see. Group discussions should take into account the importance of caring for and caring for the sexual senses. These discussions should be taken for the freedom of both boys and girls. There should be a female teacher in the girls 'class, while in the boys' class male teachers should conduct these discussions.
3. **Expert Doctor's Lectures:** Generally, lectures explaining the scientific information regarding

physiological changes for girls in the age group of 10 to 12 should be organized. The physical and mental changes that take place at this age should be taken into account. The only change that should be kept in mind for children is the age of 13 to 14.

4. **Expert Doctor's Workshop for Teachers:** Organize a day-long workshop for teachers so that teachers can know the subject in a scientific way. Parents should also participate in the same workshop if possible.
5. **Availability of medical services in school:** Medical services especially for girls should be available in every educational institution. The service is expected to provide sanitary napkins to girls, to rest in case of physical distress.
6. **Building Parents' Trust:** The education provided by the school is completely scientific. Parents should believe that this is being provided to raise awareness during their transition period.
7. **Conduct an incentive class for the parents:** change the mindset of the parents. In view of the changing social conditions of today, education must be formalized in order to maintain social well-being, health and prosperity in thought. It is through this education that human beings can take the next step in a cultured, happy and healthy life.

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