



Comparative study of spiritual values and spiritual personality among MBBS and social work students

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Abstract

The purpose of the present study was to investigate the spiritual values and spiritual personality among MBBS and Social Work Muslim students. Therefore, 194 students (86 = MBBS & 108 = Social Work) enrolled in Aligarh Muslim University, India were selected using the random sampling technique. To reach the findings of study, Independent Samples T-test were employed using the SPSS software. The empirical results of the current study indicated the significant difference between MBBS and Social Work students on spiritual values and its' all dimensions viz. altruistic values, humanistic values, personal values, divine values and affective values. MBBS students showed higher mean score on spiritual values and its' all dimensions as compared to the Social Work students. Further, no significant difference was found between MBBS and Social Work students on spiritual personality and its' any dimensions viz. noble attitude toward others and moral rectitude. To extend the validity of present findings suggestions for future research proposed.

Keywords: spiritual values, spiritual personality, MBBS and social work students

Introduction: Spiritual values

Spiritual values essentially enhance our spiritual life, strengthen the attitude and mind. The best way to lead a spiritual life is to follow certain values which God has included in the Holy Scriptures. Spiritual values enrich our work life. It helps us to acquire a positive and spiritual foundation of life. To foster a spiritual attitude and develop personality are the spiritual goals of life. Our life is transformed through spiritual values. Spiritual values inculcate a strong desire in the individual to do something great in his life. Spiritual values activate one's mind and attitude to adopt a righteous path and to do hard work. Spiritual values are common to everyone because God does not discriminate between one person and another. Spiritual values are greater than any other type of values. Our spiritual life is healthy and meaningful, if we probe into our mind, thought and heart.

Husain and Khan (2010) ^[1] explored that values make personnel life more meaningful and give them a sense of direction for organizational performance and development. It also offered recommendations to human resource managers, so that, they can encourage spiritual values among personnel that may turn into fruitful for the organizational development.

Husain and Khan (2010) ^[1] clarifying spiritual values among organizational development personnel. Authors believed that values make personal life more meaningful and give them a sense of direction for organizational performance and development. They have discussed the sources of values, early assumptions about values, a value based approach to organizations and value assessment. They have also offered recommendations for the human resource managers to inculcate spiritual values among personnel that they may in turn be fruitful for organizational development.

Govindarajan and Murugan (2012) ^[2] studied the different

values among the students-teachers and compared the different values of students-teachers with respect to gender, stream and degree level. Student-teachers irrespective of their gender, degree level and stream in which their study have more social and theoretical values. Results showed significant difference in theoretical value of boys and girls students. No significant difference in economic values, political values, social values, religious values and aesthetic values of boys and girls students-teachers were observed.

Spiritual personality

Spirituality which has always been considered to be a natural part of beings human, is an innate human capacity to transcend the ego-centric perspective from which people constantly experience and evaluate their lives, opening them to be broader world view, a heightened capacity of loving, and an increased motivation to enhance the greater good (Chandler, Holder & Colander, 1992) ^[3].

According to Husain and Anas (in press), "Spirituality plays a vital role in the life of a person. Spiritual personality takes a holistic view. Having a holistic perspective it requires spiritual virtues, positive outlook on life, spiritual discipline, goodness, spiritual service, and moral rectitude. These are essential aspects and are deeply ingrained in a spiritual person. A spiritual person unites people, seeking the Self within, and seeks solace in another" (p.44).

Koessel (2011) ^[5] examined the relationship between spirituality and personality within a population of undergraduate and graduate students. Sample data obtained through a demographic questionnaire, a measure of humanistic spirituality, and an inventory of normal personality. Quantitative statistical analyses were employed to explore a variety of relationships between variables. The

findings of their study supported previous research and suggested that spirituality and personality were related in a multidimensional manner. Results showed that this study provided insight into the manner in which personality and spirituality are related.

Womble, Labbe, and Cochran (2013) ^[6] investigated spirituality and personality: understanding their relationship to health resilience. The sample comprised of 83 college students from two southeastern universities who completed two questionnaires, the NEO Five-factor Inventory and the resilience questionnaire. It has been found that their findings are consistent with the literature and provide further support for the idea that spirituality and health protective personality characteristics are related to and may promote better health resilience.

Jahan, Shaheen, and Shaheen (2013) ^[7] examined the spiritual personality and five factor model of personality among post-graduate students of Aligarh Muslim University. They found the significant relationship of spiritual personality and its dimensions with the conscientiousness domain of the five factor model of personality. Further, extraversion and conscientiousness emerged as significant predictors of spiritual personality.

Objectives

- To see the mean differences between MBBS and Social Work students on spiritual values and it's all dimensions.
- To see the mean differences between MBBS and Social Work students on spiritual personality.

Hypothesis

- There would not be significant mean differences between MBBS and Social Work students on spiritual values and its all dimensions.
- There would not be significant mean differences between MBBS and Social Work students on spiritual personality.

Methodology

Sample Size

The sample size for the present study was 194 in numbers, (86 MBBS and 108 Social Work) students, whose age ranged from 18-27 years. All subjects were drawn randomly from MBBS and MSW students of Aligarh Muslim University, Aligarh. (UP).

Tools

The following tools were used to achieve the objectives of the present study.

Spiritual Values Scales (SVS)

This scale was developed by Najam, Husain, & Khan (2015) ^[8]. SVS is a 27 item scale, each item will rate on six points: 1, strongly disagree, 2 disagree, 3 slightly disagree, 4slightly agree, 5 agree and 6 strongly agree.

Spiritual Personality Inventory (SPI)

Spiritual Personality Inventory developed by Husain, Luqman, and Jahan (2012) ^[9] was used. It consists of 32 items with a 5 point rating scale. The Cronbach's coefficient alpha for the whole sample was found to be 0.86.

Procedure for data collection

In the present study stratified random sampling was used. The students were approached personally in their classrooms. Informed consent was taken from them in order to seek their voluntary participation and only those students were included who agreed to take part in this study.

Data Analysis

The data will be analyzed by using appropriate statistical techniques as per requirement of the present study.

Results and discussion

Table 1: Showing mean, standard deviation and t-value of MBBS and MSW students on the spiritual personality

Variables	Group	N	Mean	SD	t-value	p-value
SP(NA)	MBBS	108	70.27	7.81	0.76	.446
	MSW	86	71.12	7.51		
SP(MR)	MBBS	108	51.56	5.88	0.02	.984
	MSW	86	51.55	6.53		
SP total	MBBS	108	121.83	12.81	0.45	.657
	MSW	86	122.66	13.00		

Table 2: Showing mean, standard deviation and t-value of MBBS and MSW students on the spiritual values

Variables	Group	N	Mean	SD	t-value	p-value
SV (altruistic)	MBBS	108	13.74	2.72	3.41	.001
	MSW	86	14.98	2.22		
SV (humanistic)	MBBS	108	9.11	2.03	2.81	.005
	MSW	86	9.87	1.65		
SV (personal)	MBBS	108	30.51	5.88	2.70	.008
	MSW	86	32.62	4.73		
SV (divine)	MBBS	108	34.76	6.65	1.93	.045
	MSW	86	36.35	4.24		
SV (affective)	MBBS	108	39.85	7.02	2.04	.043
	MSW	86	41.67	4.97		
Spiritual Values (total)	MBBS	108	127.97	21.56	2.74	.007
	MSW	86	15.06	15.06		

Discussion

The first hypothesis was "There would not be a significant differences between MBBS and Social Work students on spiritual values and it's all dimensions." Table 1 shows that MBBS and MSW students were significantly differed on overall spiritual values. The findings also shows that the mean score of overall spiritual values of MBBS students (M=135.49) was higher than the mean scores of spiritual values (M=127.97) among MSW students.

Second hypothesis was "there would not be significant differences between MBBS and Social Work students on spiritual personality".

Table 2 shows that the MBBS and MSW students were not significantly differed on spiritual personality. The findings also shows that mean score of overall spirituality personality of MBBS students (M=122.11) was greater than the mean score of overall spiritual personality (M=120.25) among MSW students.

Conclusions

The empirical results of the current study indicated the significant difference between MBBS and Social Work

students on spiritual values and its' all dimensions viz., altruistic values, humanistic values, personal values, divine values and affective values.

MBBS students showed higher mean score on spiritual values and its' all dimensions as compared to the Social Work students.

Further, no significant difference was found between MBBS and Social Work students on spiritual personality and its' any dimensions viz. noble attitude toward others and moral rectitude.

Future research suggestion

The present study was undertaken on a sample of MBBS and Social Work students selected from Aligarh Muslim University, Aligarh. The future research is needed in other academic discipline students (e.g. arts, engineering, law, science, etc.) and diverse population to validate and extend the present findings.

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