



Impact of working women on child development: A case study of children from 2yrs to 7yrs

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Abstract

With the advancement of technology and overall environment, the increasing trend has been observed in the numbers of working women. Specialized programme for promoting women education, women reservations in various government job categories has also supported the growth of women in totality and thus substantiated the growth of working women number.

Keywords: working women, environment, child development

Introduction

“Working Women an Asset to the Family and a Boon to the Society”

Globalization and Technological Change has Affected the Gender Equality enriching opportunities for women employment which is sometimes surprising. The IT-enabled services sector in India, provides direct employment to three million people and indirect employment to 10 million, many of them are young women. Because of the nature of the job—desk-bound, predictable hours on large well-controlled campuses—even conservative parents are supportive of these jobs for their daughters.

Technology and internet connectivity have opened up other options for women as well. “In a country where far less than 10 percent of the jobs are in the formal sector women’s chances of having a shot at ‘regular jobs’ is very poor, so technology has enabled them to start and sustain businesses without huge investments is a boon. The Indian government has set up an online marketplace, *Mahila e-haat*, that enables small female entrepreneurs to connect directly with consumers. Technology also allows for remote working, which expands women’s options. Women who work far from home, the declining cost of mobile phones means a cheaper lifeline to their children at home. “Their use of the phone as a method of emotionally bonding with and monitoring the safety of their children is huge

In a country like India with no organized day care and with increasing nuclear families, providing a module to have Work Life balance will enable a lot more educated white-collar women and others to participate in the workplace and not be forced to drop out on account of child-rearing.

With this object study has been done of Working women of Bhopal District, Madhya Pradesh who are working in following sectors:

1. Banking Sector
2. Insurance Sector
3. Health Sector
4. Education Sector- School & Colleges
5. Govt & Govt undertaking

6. Multi National Companies

7. Private Sector

Purpose of Study

The present study is carried out to access the Role of Working Women in Socialisation & Career Prospects of a Child in Bhopal District of Madhya Pradesh. The research identified and measured the attributes of working women contributing to development of child socially, behaviourally, educationally, emotionally etc. The study also helped to identify that what a working women must do in different stages of Child development so that her child can excel in all spheres of life. It also helped to find out that what working women must do for work and life balance to live a stress free life.

Required General Attributes and Behaviour of Model Working Women

The study revealed that the working women must have following attributes to have stress free life.

- Working women must be role model for her children where they can quote about and say my mother does right thing and I respect and love her whole heartedly.
- Working women must be well disciplined in all activities and must have a scheduled time table for herself since she manages the home & work. Any indiscipline will hinder her time for her children.
- Working women must encourage Joint family system where the presence of parents at home can relieve her stress at office and home also
- Working women must have maximum 2 children with gap of minimum 5 yrs so that she can do justice to both the children equally and also recoup her health.
- Working women must engage Bai for basic household chore like sweeping, washing utensils, washing clothes if required for cooking purpose also. This would help to concentrate more at office and gives time to spend with their children.
- Working women must have good coordination with her husband so that both can help each other in household

work and children studies & other extra curricular activities. She must take the help of children in small household work.

- Working women must be conscious of her health. She must take her breakfast, lunch & dinner in time. Take nutritious food to maintain her energy & strength to take up her double duty.
- A regular exercise is very essential for working women. She must take long walk or yoga or join a gym. If this is not possible with work buy a treadmill or elliptical cycle with twister & stepper where she can do exercise at home for 15 to 30 minutes.
- Working women must positive attitude and a pleasing tone of speaking with the surrounding people so that she can have a stress free life. She must have an attitude to appreciate her parents, children, husband etc. She must specially appreciate her children which gives the child a feeling to do better and is always in a happy mood. But if something is going wrong she must be able to tell to the person concerned-children/husband/parents the fault in a very good tone. This will help to avoid unnecessary discussion and unpleasantness.
- Working women must be career conscious and must try to upgrade her qualification/give internal dept exams. She must spend available time with children in reading newspaper and seeing quality program in TV like news, discovery channels, group discussions, quiz programmes etc.
- Working women must spend minimum 4 hours to 6 hours a day with children-eating, teaching, TV time, praying, talking, playing etc.
- Working women must spent time in praying to God daily and visit religious places with children in order to transmit the tradition of the family.
- The salary of working women and her husband must be used in coordination and both must save for upliftment of the family and for giving better education to the children.
- Working women must have work and home balance thus must not overstay more than office hours. She must complete her office work in time and must not get involved in talks and gossips of office which results in waste of time. She must be honest, sincere and loyal to her work.

Result of Study of Children above 2 Yrs to 7 Yrs (A Period of Character Building)

- Time spent with Child in a day (period above 2yrs to 7 yrs)- The study reveals that 98% of working women spent more than 4 hours after office with their children this helps them to look into their studies, inculcate behavioral habits and spent leisure time with them.
- Read & told stories to children (period Above 2yrs to 7 yrs)- The study reveals that 85% of working women spent time in reading and telling stories to their children after working this encouraged the children to have interest in books & develop reading habits.
- Taught children to worship God (period Above 2yrs to 7 yrs)- The study reveals that 97% of working women have taught to pray to their God & to read their religious books which help them to develop moral values and to ask from

super natural power to guide them in day to day activities.

- Watching qualitative TV programs with children(Period-2yr to 7 yr)- The study reveals that the percentage of working women seeing quality program is low ie 28% and they are in seeing other serials in TV this would lead to diverting the children to other TV programmes and not taking up qualitative growth.
- News paper Read & explained to child (Period above 2yrs to 7yrs)- The study reveals that 78% working women read & explained Newspaper when the child was above 2 yrs to 7 yrs. Here it is worth mentioning that working women must especially take time to read & explain the newspaper this will inculcate the habit of reading newspaper which would enhance the General knowledge of the children.
- Helped to plan a time table with children (Period-2yr to 7 yr)- The study reveals that 39% of working women only concentrated to discipline their children in studies. Working mothers need to discipline children in studies due to their absence during office hours. Framing Time table also helps the child to develop the habit of planning before doing any work.
- Helped child in School homework and studies (Period 2yrs to 7 yrs)- The study reveals that 98% of working Women Helped children in School homework and studies which means that women are conscious of the studies of their children and dedicate their time to give a better future for their children.
- Involved children in household work- (Period 2ys to 7 yrs)-. The study reveals that 77% of working Women involved children in household work when they were above 2yrs to 7 yrs this inculcates in children to undertake small personal work independently like polishing shoes, arranging books of school time table, keeping uniform for school, cleaning his study table, keeping toys in place etc. This also helps to learn discipline to keep his surrounding clean and take responsibilities of doing activities which would boom their future. Working women needs to inculcate the habit in children to do household work.
- Visited friends or relatives or Mall /market or Picnic with children- (Above 2yrs to 7 yrs)- The study reveals that 97% of working Women enjoyed outing with children this helps the child to become social and adjust himself to new surroundings. It gives joy & happiness and also brakes monotonous life.
- Children taken to Temple/Church/Mosque (Period above 2yrs to 7yrs)- The study reveals that 78% working women took children to Temple/Church/Mosque frequently when children were above 2 yrs to 7 yrs. Religion plays a very important part in molding the character of a person. The moral and values given in religious books rules to control our behavior. Worshiping God in religious places helps to feel the presence of God and helps to transmit traditional believes of the family.

Attributes & Behaviour of Working Women in the Age of Child 2yrs to 7 Yrs

Age 2 yrs to 7 yrs is one of the crucial period of child development and must be handled with due care since it the period of character building The study revealed that the working mother must concentrate to spend time and take up

certain character developing activities which would bring results when the child moves towards adulthood.

- Working women must spend minimum active 4 hours to 6 hours a day with children- eating, teaching, TV time, praying, talking, playing etc.
- Working women must take the support of parents or inlaws during this period of 2yrs to 7 yrs since it is period of character building. Putting children in crèche is not advisable. If they are put to crèche see that crèche authorities feed and have disciplined schedule of spending time in crèche.
- Working women must engage a Bai for household chores to have time to spend with children.
- Working women must teach behavioural habits during the period.
- Working women must appreciate the children frequently this helps to boost their to do something creative. But also punish/discipline them when they do wrong.
- Working women/parent/inlaws must spent time in reading and telling stories to their children, this encourages the children to have interest in books & develop reading habits.
- She must teach children to pray to God & to read their religious books which help them to develop moral values and to ask from super natural power to guide them in day to day activities.
- Working women must watch only quality programs in TV like discovery channel, craft& painting programs, quiz, cartoon etc in schedule time only.
- Working women must read & explain Newspaper to the children. This will inculcate the habit of reading newspaper which would enhance the General knowledge of the children.
- Working women must concentrated to discipline their children in studies by helping them to frame Time table which will also helps the child to develop the habit of planning before doing any work. They must help children in School homework and studies.
- Working Women must involve children in household work when they are above 2yrs to 7 yrs this inculcates in children to undertake small personal work independently like polishing shoes, arranging books of school time table, keeping uniform for school, cleaning his study table, keeping toys in place etc.
- Working mothers must encourage children to play with other children which helps the child to be social, adjusting & healthy
- Working Women must enjoy outing with family ie visiting friends or relatives or Mall /market or Picnic often. This helps the child to become social and adjust himself to new surroundings. It gives joy & happiness and also brakes monotonous life.
- Working women must take children to Temple/Church/Mosque frequently when children are above 2 yrs to 7 yrs. Religion plays a very important part in molding the character of a person. The moral and values given in religious books rules to control our behavior. Worshipping God in religious places helps to feel the presence of God and helps to transmit traditional believes of the family.

Conclusion

In nut shell it can be conclude that a working mother takes due care in the character development of child in the age 2 yr to 7 7rs can receive due results. The study revealed that the pshychology of these children into good professional studies & are working in reputed organization.

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